

## **SYSTEM AGREEMENT – EXTRA (UNDISTURBED) REST**

1. Engineers may take extra (undisturbed) rest under the following circumstances:
  - (a) When an engineer's tour of duty (non-deadhead) has been for eight (8) or more hours; or
  - (b) When an engineer's tours of duty (including deadheads) in the previous five (5) consecutive calendar days have resulted in no rest (off-duty) period of twelve (12) or more continuous hours.
2. Engineers taking extra (undisturbed) rest pursuant to (a) and (b) above may do so under the following conditions:
  - (a) If on duty for more than eight (8) hours, but less than twelve (12 ) hours, an engineer may take eight (8) or ten (10) hours undisturbed rest.
  - (b) If on duty twelve (12) hours, an engineer may take ten (10) or twelve (12) hours undisturbed rest.
  - (c) If there was not a twelve (12) or more hour rest period in the previous five (5) consecutive calendar days, an engineer may take eight (8), ten (10) or twelve (12 ) hours undisturbed rest.
  - (d) An engineer taking extra (undisturbed) rest must so advise CMS at time of tie-up.
  - (e) Engineers may not take extra (undisturbed) rest on the day before or the day of a holiday recognized under applicable Agreement provisions.
  - (f) Engineers taking extra (undisturbed) rest shall not be contacted during such period.
3. Engineers will not be considered as unavailable for guarantee purposes for the first extra rest taken in each pay period. Engineers taking extra (undisturbed) rest will be considered unavailable for the second and successive extra (undisturbed) rest occurrences in each pay period if they would have been called had they not taken the extra (undisturbed) rest. In each such instance(s) the guarantee reduction for an extra board engineer will be one (1) guarantee day, and for a guaranteed pool engineer, one (1) round trip.

**NOTE:** The purpose of this Rule is to provide engineers with the opportunity to obtain, when needed, rest so as to ensure they can safely perform their duties. This rule is not intended to be a mechanism to allow engineers to only work certain shifts, avoid calls, or lay off. It is likewise not intended undisturbed rest be taken after every trip. The parties

recognize the merit of this rule and will jointly work to eliminate any abuse of this rule.

Q-1. Will a regular assigned engineer on a yard relief assignment be allowed to take extra (undisturbed) rest when such extra rest would result in the engineer not working his/her next assignment?

A-1. No. It is not the intent of this rule to use extra (undisturbed) rest to avoid a regular assignment.

Q-2. May an engineer take extra (undisturbed) rest under 1(b) if his/her last trip in the five (5) day period was a deadhead?

A-2. Yes. The intent of the rule is to provide an opportunity for extra rest when both work and deadhead have resulted in no rest period(s) of twelve (12) or more hours in the previous five (5) calendar days.

Q-3. Is an engineer removed from the extra board or pool when he/she takes extra rest at the home terminal?

A-3. No. An engineer will hold his/her turn on the board or in the pool if the pool engineer's turn goes out while the engineer is on extra rest they will wait for their turn to return to the home terminal. If extra board engineer will continue to move up the board and if not rested when first out will remain first out.

Q-4. What happens if an engineer takes undisturbed rest at the away-from-home terminal?

A-4. If the engineer is first-out and not rested for a call, the engineer will remain first-out until rested.

Q-5. Must the Carrier hold a train for an employee requesting extra rest?

A-5. No.

**Agreed to Questions and Answers  
to  
UP/BLE Local Agreements June 1, 1996**

V. Attachment (f) EXTRA (UNDISTURBED) REST

Q. Under Section 2., must engineers meet the requirements of both 1(a) and 1(b) to be eligible to take extra rest?

A. No, engineers may request extra rest if they meet the requirements of either 1(a) or 1(b).